

JOURNEY TO WHOLENESS



The Fibonacci numbers are Nature's numbering system. They appear everywhere in Nature, from leaf arrangements in plants, to the pattern of the florets of a flower, the bracts of a pine cone, the eye of a hurricane, or the chambers of a nautilus shell. They are applicable to the growth of every living thing, including a single cell, a grain of wheat, a hive of bees, and even all of humankind. Psalm 139 declares that we are fearfully and wonderfully made; indeed, as is all creation, to the glory of God.

AR/LA/MS FIVE-DAY ACADEMY

Featuring

**Pat Luna, Jerry Webber,
& Elise Eslinger**

APRIL 15-20, 2018

Ferncliff Camp and Conference Center
1720 Ferncliff Road, Little Rock, Arkansas



What is a **JOURNEY TO WHOLENESS?**

It is an ecumenical five-day retreat designed for clergy and laity. The purpose is to deepen one's relationship with God through a daily rhythm of prayer, worship, study, and reflection. Each day will include teachings by gifted spiritual leaders, periods of silence and reflection, morning and evening prayer, Eucharist, and small group discussion. Time for rest and relaxation are also part of each day.



OUR FACULTY



PAT LUNA is the Retreat Leader for the Two-Year Academy for Spiritual Formation, a writer, speaker, teacher and consultant in the areas of spiritual formation, stewardship and fundraising. She is a delegate to General Conference and President of Compass Consultants. Pat says this about her focus for the Five-Day: "During our week together at the Academy we are going to unpack Howard Thurman's seminal work for spiritual formation, *Disciplines of the Spirit*, and how five particular disciplines, Growth, Prayer, Commitment, Reconciliation and Suffering, can lead us to greater healing and wholeness."



ELISE ESLINGER is one of the foremost leaders, teachers, writers and consultants in Worship, Music and Spiritual Formation. Editor of the *Upper Room Worshipbook* and writer of many of the resources in the book, Elise will be leading our worship during this Five-Day Academy!



JERRY WEBBER is the community pastor and spiritual director for the Center for Christian Spirituality at Chapelwood United Methodist Church in Houston. Jerry leads worship services in a contemplative style as well as classes and retreats and provides spiritual direction. He has taught at several Two-Year and Five-Day Academies for Spiritual Formation, and is a guide for all who seek to deepen their connection with God to live differently in relation to self, others and the created world. Jerry has titled his focus "Unfolding: Scripture, Stories and Poetry for Uncovering the Self in God." We will explore ourselves, our relationship with God and our faith development as we unfold our true selves in God and our own belovedness. "The process of spiritual unfolding is the process of becoming who God created us to be."



FERNCLIFF CAMP & CONFERENCE CENTER

Ferncliff Camp and Conference Center is 1200 acres located just ten miles west of Little Rock. This Earth Care Award winning camp focuses on hospitality, sustainability, and outreach. All participants have available either private or shared rooms with private bathrooms, linens and towels. Delicious meals are provided and special diets are accommodated.

QUESTIONS?

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Register Today at:
<http://academy.upperroom.org/events/34>. Total cost for room, board, and tuition for a single room is \$575 before 1/15/18 and \$625 after 1/15/18. The cost for shared accommodations is \$475 before 1/15/18 and \$525 after 1/15/18. A \$75 non-refundable deposit is required. Space is limited. Register today!